

## GEL POLISH – 2 Hands – Left hand French & right hand in red colour

### TASK & TIME & GOAL

1. 45-minutes to complete one left hand of French gel polish & right hand in red gel polish.
2. The competitor chooses, if they want to use cover for the nail bed and/or transparent pink or clear on all 5 nails.
3. This competition is done on natural nails only - duration 45-minutes for both hands-on models.
4. The model is to come with manicured nails, prepare the nails at home/hotel.
5. Nails ready for gel polish must be enhanced & coated with any type of gel polish/soak-off system/product.
6. No design element is required. Just a picture-perfect flawless set of 10 nails.
7. No manicure procedure is necessary during this competition.

### Both hands on model

1. **Right** hand is to be created in a solid **red** gel polish on the natural nail plate.
2. **Left** hand is to be finished in a traditional **French** manicure style on the natural nail plate.

### POLISH & HIGH SHINE

1. Competitors must polish 5 nails with a red gel polish bright red only.
2. All gel polishes may be of the competitors' choice but without any metallic effect, glitter, matte or pearl effect.
3. Use of gel polish topcoat for the high shine on both hands for the entire nail is required.

### ALLOWED

1. Cream, lotion, oil & polish dry products may be used.
2. Water, soap & canned air may be used in finishing.
3. E-Files are allowed.
4. UV/LED lamp needs to be brought by the competitor.
5. Any soak-off gel polish in a bottle is allowed.
6. Rubber Base and normal base is allowed.
7. Use white soak-off gel polish in a bottle (no jar or tube) on the free edge for French.
8. Use transparent pink, clear or cover soak-off gel polish in a bottle (no jar or tube) for the nail bed.
9. Use a transparent soak-off topcoat gel polish in a bottle (no jar or tube) for the finish – high shine.
10. A classic bright red soak-off gel polish in a bottle is recommended.
11. A thin nail art brush to create a smile line is allowed.

### NOT ALLOWED

1. Natural overlay, ombré or baby boomer are not allowed.
2. No other systems are allowed, only gel polish/soak off manicure system.
3. No decals, pre-designed or printed appliqués to be used.
4. No stamping of art allowed.
5. No mixing of camouflage/cover pink or whites before or during the competition.
6. All overlay products & material must be in original packaging – with clear correct label (Except Alcohol, Cleanser & Acetone, please write it on the bottle).
7. Excess lotion & oil will afford point deductions. If a competitor is seen cleaning hands & nails after the competition is closed with any product, such as canned air, it is immediate disqualification.
8. Competitors may not touch the nail tips prior to the start of the competition.
9. The line between the transparent pink/clear or camouflage & white must be visible & clearly defined.
10. No matte topcoat is allowed.
11. No ridge filler, traditional sculpting gel or colour gel is allowed.
12. Any other bottles/soak-off gels are not allowed in the gel polish competition only white for the French & transparent pink, clear and/or cover soak-off gel polish in a bottle for the nail bed & a transparent soak-off topcoat gel polish in a bottle for the finish, is allowed.
12. No tools, cutters or e-files to aid the creation of smile lines are to be used. Brush to be used only.
13. Acrylic paint, colour gel, painting gel or gel polish in a jar/pot /tube, sculpting gel or hybrid/acryl gel are not allowed.
14. No touching or pre-blending allowed before the competition begins.
15. No glitter, shimmer or frost permitted or any colour with pearl, glitter, metallic or shimmer.
16. All colour must be free of pearl, metallic & matte effect.
17. No hard gel/sculpting gel, acrylic or hybrid are allowed.
18. No extension of the nail plate/natural nail is allowed. The nail plate/natural nail must be free of product & natural.
19. Products without any label are not allowed.
20. All product trolleys, jackets & handbags have to be away from the table & the competitor is not allowed to use products from the trolley after the competition begins. If they need something, they have to ask a floor judge to get it.
21. *Warning: The working material, trolleys, jackets & bags will be controlled by the floor judges & all materials found that are not allowed for any category will be taken from the competitor by the floor judge & placed on a table. Competitors will be allowed to pick up all confiscated products upon the completion of the competition. Any competitor found in violation of the rules & regulations & attempting to cheat will be disqualified. This competition will be fair & the same for every competitor.*

### TIP

Read the content of the score sheets. Check out the point distribution. Where you will gain the most points & where you gain the least. This will help your timing and focus. Knowledge of where you can gain points & where you can unnecessarily lose them is helpful.

### IMPORTANT, PLEASE NOTE

- Score sheets will be sent via email within 2 weeks after the *Nailympia* event takes place.
- The *Nailympia* team & organiser supports the decisions made by the host & judges.
- There will no longer be judges critiquing any nails or score sheets at the close of any *Nailympia* event.
- You are welcome to ask judges what they think about your work, if the nails are still on.
- The criteria rules & the score sheets are on an international standard. If you need more specific information, please feel free to download the guidelines on [www.nailympia.com](http://www.nailympia.com) (London global website).

## **SCORE SHEET CONTENT**

### **JUDGE 1**

- **POLISH (10):** Right hand is to be polished in a bright red colour, consistently even with 1mm space in the cuticle area, without any streaking in the polish. Sides, surface & tip of edge covered. No polish on skin, under the nail or in concave.
- **TOP GLOSS | HIGH SHINE (10):** Left hand work is to be performed using only a gel polish top coat over the entire surface of convex. There should be no visible file scratches, no matte spots on the surface due to unevenness. The 5 nails have to shine with a glass finish.

### **JUDGE 2**

- **NAIL LENGTH (10):** The length has to be consistent & in proportion with the hand & the fingers on all 10 nails.

### **JUDGE 3**

- **CUTICLE AREA (10):** No cuts or irritation around skin. Points will be deducted for any damage to the skin during the nail competition. Even product application with no ledge or missing product.

### **JUDGE 3**

- **HAIR LINE & FREE EDGE (10):** The nails must be consistently thin throughout the entire nail, be uniformly thin on each nail. Thickness will be considered by the judges in the degree of difficulty (thinner & consistent being more difficult).
- **CONVEX (10):** A consistent structure has to follow the shape of the entire nail down the entire length of the nail in convex. It must be symmetrical & even on all fingers.

### **JUDGE 4**

- **NAIL SHAPE (10):** The shape of the nails looks consistent & uniform looking down on from above the nail & from the model's perspective. Any shape is allowed. Decide on one, don't mix!
- **SMILE LINE (10):** Consistent shape on all 5 nails, evenly applied so tips match, no shadows, clean line & evenly aligned. Do the end points end in the lateral sidewall to a sharp point?

### **JUDGE 5**

- **WHITE EXTENSION / APPLICATION OF WHITE (10):** Even application of product, no shadows, or bubbles, no pits & consistent across all 5 nails. Sharp division of colour at smile line & no pink or clear on the white extension.
- **NAIL BED / APPLICATION OF PINK/CLEAR/CAMOUFLAGE (10):** Even application of product, no shadows, or bubbles, no pits & consistent across all 5 nails. Sharp division of colour at smile line & a good blend on the nail bed towards the cuticle area. Choose transparent pink, clear or camouflage but consistent on all 5 nails! The colour of the nail bed needs to complement the skin tone.