

FRENCH TWIST 4-SHAPE CHALLENGE on 4 nails (no thumb)

TASK & TIME & GOAL

1. Nails to be sculpted on nail forms on the hand of the model or your own hand.
2. You must sculpt 4 different form & shapes min. 1,58 inches/4cm long from cuticle area to the hair line.
3. All 4 nails – no thumb: Smile line needs to be created & visible; you can be inventive. Inlay art design in the extension of the nail is required & can be sculpted in any colour.
4. The competitor can choose to create classic French style (no camouflage, only clear and/or transparent pink) or French with a nail bed elongation (camouflage/cover and/or transparent pink/clear).
5. Transparent pink, clear and/or camouflage/cover, need to be used for all 4 nails. The colour of the nail bed needs to complement the skin tone and needs to be the same on all 4 nails.
6. Competitors will be given 90-minutes to complete the hand.
7. All 4 nails can have a different inlay design in the extension but need to be created in the same colour palette.
8. Everything must be created or sculpted as an inlay/ encapsulated, no 3D/overlay art.
9. Gel competitors must bring a UV or LED gel lamp.

HIGH SHINE

1. No base or lacquer topcoat, ridge filler, gel polish/soak off system is allowed.
2. The surface needs to be even & must be brought to a high shine using files & buffer or sealed with a traditional gel topcoat.

ALLOWED

1. Colour palette: Allowed are any colours in any sculpting systems (LED/UV Gel, Acrylic or Hybrid-/Acryl Gel) with glitter or metallic effect.
2. Only UV/LED hard gels, Acrylic or Hybrid Gels are allowed.
3. Colour Gels are allowed for the nail art in the extension, but no soak off system or gel polish.
4. Cream, lotion, oil & polish-dry products may be used.
5. Water & soap may be used in finishing.
6. E-Files are allowed.
7. 3D encapsulated smile lines are allowed, flowers, swirls, marbling etc.
8. Nail beds need to be sculpted with a traditional LED/UV Gel, Acrylic or Hybrid-/Acryl Gel.
9. French needs to be sculpted with a traditional LED/UV Gel, Acrylic or Hybrid-/Acryl Gel.
10. The line between the transparent pink/clear or camouflage & the extension must be visible & clearly defined.

NOT ALLOWED

1. Products used can have colour or glitter added if desired but no mixing of colours/glitter, camouflage/cover pink or whites at the nail desk before or during the competition in the arena. All overlay products & material must be in original packaging – with clear correct label. Only for Acetone, Cleanser and Alcohol it has to be written on the bottle.
2. Premixing of any product at home is allowed if seen in branded pot.
3. Excess lotion & oil will afford point deductions. If a competitor is seen cleaning hands & nails after the competition is closed with any product, such as canned air, it is immediate disqualification.
4. Sculpting forms must be ONLY & EXACT 25 separate & not prepared forms. It is not allowed to prepare the sculpting forms prior to the beginning of the competition. Aluminium paper used for support underneath the form is allowed but is to be flat & separate on the nail table at the beginning of the competition, uncut & not placed on the sculpting form prior to the beginning of the competition. Floor judges will be closely inspecting every form.
5. No form sizing, touching, cutting or pre-blending allowed before the comp begins. No preparation of any forms in any way is allowed!
6. Tips, molds/dual Tips are not allowed, only sculpting forms.
7. All nail beds have to be in transparent pink/clear and/or camouflage. No glitter or other colours are to be used for the nail beds.
8. No base coat, ridge filler, soak off gels or gel polish are allowed.
9. Any other bottles/soak-off gels are not allowed.
10. No tools, cutters or e-files to aid the creation of smile lines are to be used. Hand file or brush to be used only.
11. No paint-on French is allowed.
12. Gel polish is not allowed.
13. Colour gel (thin viscosity, no gel polish) is only allowed for the design/nail art in the extension e.g. to create a 3D smile line, but not for the first smile line attached to the nail bed.
14. Loose Foils, loose glitters, rhinestones, stamping, stickers, decals, or any other accessories are NOT allowed.
15. Polish/lacquer is not allowed.
16. Glitter needs to be original/infused in the system; no loose glitter is allowed.
17. 3D and/or Flat Art on top is not allowed. Art needs to be encapsulated as an inlay in the extension.
18. All product trolleys, jackets & handbags have to be away from the table & the competitor is not allowed to use products from the trolley after the competition begins. If they need something, they have to ask a floor judge to get it.
19. **Warning:** *The working material, trolleys, jackets & bags will be controlled by the floor judges & all materials found that are not allowed for any category will be taken from the competitor by the floor judge & placed on a table. Competitors will be allowed to pick up all confiscated products upon the completion of the competition. Any competitor found in violation of the rules & regulations & attempting to cheat will be disqualified. This competition will be fair & the same for every competitor.*

TIP

Read the content of the score sheets. Check out the point distribution. Where you will gain the most points & where you gain the least. This will help your timing & focus. Knowledge of where you can gain points & where you can unnecessarily lose them is helpful.

IMPORTANT, PLEASE NOTE

- Score sheets will be sent via email within 2 weeks after the *Nailympia* event took place.
- The *Nailympia* team & organiser supports the decisions made by the host & judges.
- There will no longer be judges critiquing any nails or score sheets at the close of any *Nailympia* event.
- You are welcome to ask judges what they think about your work, if the nails are still on.
- The criteria rules & the score sheets are on an international standard. If you need more specific information, please feel free to download the guidelines on www.nailympia.com (London global website).

SCORE SHEET CONTENT

JUDGE 1

- **SMILE LINE (20):** Consistent shape on all 4 nails, evenly applied so tips match, no shadows, clean line & evenly aligned. Smile line of the index & ring fingers should have the same length measured from the cuticle area to the deepest point of the smile line. The pinkie needs to be shorter than the index & ring fingers. Smile line of the middle finger needs to be longer than ring & index fingers. Inventive smile line in accordance with the nail structure.

JUDGE 2

- **NAIL LENGTH (20):** The length has to be consistent & in proportion with the hand & the fingers on all 4 nails. The nails should be in line with the proximal phalanges & metacarpal head bones. The pinkie must be shorter than the ring & index finger. The ring & index finger have to be shorter than the middle finger & the thumb. The correct length of the nails should be min. 1,58 inches/4cm.

Example – GUIDELINE ONLY: 4cm on middle & thumb = nailbed 16mm + smile line/extension 24 mm = 40mm total length

JUDGE 3

- **C-CURVE | C-ARCH (TUNNEL VIEW) (20):** C-curve in accordance with the nail structure.
- **APEX (20):** High point of apex & arch must be consistently placed on each nail with correct placement for the resulting nail. Not overly pronounced & must be elegant. The apex should be consistent & even on all nails. Apex in accordance with the nail structure.

JUDGE 4

- **HAIR LINE & FREE EDGE (20):** The nails must be consistently thin throughout the entire nail, be uniformly thin on each nail & no thicker than a business card. Thickness will be considered by the judges in the degree of difficulty (thinner & consistent being more difficult).
- **CONVEX & CONCAVE (20):** A consistent structure has to follow the shape of the entire nail down the entire length of the nail in convex & concave. It must be symmetrical & even on all fingers. Convex & concave lower side lines need to be as thin as the hair line or thinner, but even & consistent on both sides & in accordance with the nail structure.

JUDGE 5

- **NAIL SHAPE (20):** The shape of the nails looks consistent & uniform looking down from above the nail & from the model's perspective. There should be 4 different shapes visible & obvious. Any shape is allowed! The nails should be in line with the proximal phalanges & metacarpal head bones & in accordance with the nail structure.

JUDGE 6

- **UPPER ARCH – UPPER SIDE LINE (TOP & SIDE VIEW) (20):** From the nail's side profile, the upper arch extension must match to the lower arch of the nail structure you choose & be even on all 4 nails. From the top view side lines should not be wider than the natural nail lateral side lines or filed away. Top view, side lines may be coming out of the lateral sidewall straight or slightly tapered depending on the shape you choose.
- **LOWER ARCH / LOWER SIDE LINE (SIDE VIEW) (20):** The lower side lines should be even, neat & extend straight out from the lateral fold on both sides. They must match the upper arch from the side view depending on the structure & shape you choose. No step or ridges on sidewalls. When viewing the side lines from the view of the hair line/c-curve, they should end at the same height.

JUDGE 7

- **INLAY DESIGN (20):** Can you see an obvious & clever inlay design on 4 nails? Are you seeing creative/skilful use of inlay design decoration on 4 nails? Example: Inventive smile lines (encapsulated 3D), sculpted flowers, sculpted swirls, colour fading etc.
- **ART & COLOUR THEORY (20):** Assess the colour palette chosen & the art expression elements on all 4 nails.
- **DESIGN INVENTION|CREATIVITY|IMAGINATION (20):** Is the decoration/design in the extension on the 4 nails fresh & stylish? Does every nail have a WOW-factor? Evaluate the complexity?

JUDGE 8

- **CUTICLE AREA (10):** No cuts or irritation around skin. Points will be deducted for any damage to the skin during the nail competition. Even product application with no ledge or missing product.
- **FINISH | TOP GLOSS | HIGH SHINE (10):** All nails are to be finished with a top gloss or brought to a high shine with buffer files over the entire surface of convex. There should be no visible file scratches, no matte spots on the surface due to unevenness. The 4 nails have to shine with a glass finish.

JUDGE 9

- **FORM FIT / MATERIAL RESIDUE (10):** Exact fit of the sculpting form or tips (with tip application the contact area of the tip is to blend to transparency) is required without any adhesive residue, file dust & polish under the enhancement. There should be no injury to the surrounding soft tissue.
- **SURFACE SMOOTHNESS (10):** Finished product is smooth without bumps, dips, no file lines & no rough or dull spots.

JUDGE 10

- **EXTENSION APPLICATION (5):** Even application of product, no shadows, or bubbles, no pits & consistent across all 4 nails. Sharp division of colour at nail bed.
- **NAIL BED / APPLICATION OF PINK/CLEAR/CAMOUFLAGE (15):** Even application of product, no shadows, or bubbles, no pits and consistent across all 4 nails. Sharp division of colour at smile line & a good blend to the nail bed towards the cuticle area. Choose transparent pink, clear and/or camouflage.